



Allergy and Sensitivity Information

Menu Item	Milk	Soy	Wheat	Egg	Peanut	Tree Nuts	Fish	Shellfish	Gluten
Farm Fresh Breakfasts									
3-Egg Breakfasts ¹		.		.					
Farmer's Omelet ¹					
Denver Omelet ¹		.		.					
Ham and Cheese Omelet ¹	.	.		.					
California Omelet ¹	.	.		.					
French Toast Combo ²
Hot Cakes Combo ²
French Toast Only
Hot Cakes Only
Lil' Farmhand Hotcake ²
Lil' Farmhand French Toast ²
Farmhand Bowl
Sausage Biscuit and Gravy Bowl
Country Fried Chicken & Gravy Bowl
DayBreak Sandwich ³
Breakfast Burrito ³
Breakfast Side Options									
Tomato Slices									
Hash Browns		.							
Bacon									
Sausage									
Fruit									
Wheat Toast
White Toast
Sourdough Toast
Rye Toast
English Muffin
Award Winning Burgers									
The Farmer's Burger ^o
The Natural™ Cheeseburger
The Natural™ Avocado Bacon Cheeseburger
The Bell Ringer ^o
The Bacon Boy™
The Big Cheese™
The Barn Burner ^o
The Market™	

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Farm Fresh Sides									
Bacon									
Avocado									
Harvest Fries
Chili Cheese Fries
Crispy Zucchini
Giant Onion Rings
Strawberry Shake	.								.
Chocolate Shake	.	.							.
Vanilla Shake	.								.
Cookies & Cream Shake
Salads, Sandwiches & More									
Farmer's Chopped Cobb Salad	.			.					
Farmer's Chopped Cobb Wrap
Chicken BBQ Ranch Salad
Chicken BBQ Ranch Wrap
Charbroiled Chicken Salad	.			.					
Charbroiled Chicken Wrap
Southwest Chicken Salad
Southwest Chicken Wrap
Side Salad									
4 PC Hand-Battered Fish Dinner
3 PC Fish and Fries
Hearty Farmer's Club
Bacon Turkey Melt
Patty Melt
Tuna Melt
California BLT	
Sourdough Chicken Avocado
4 PC Chicken Tenderloins
Hearty Pastrami Sandwich
Charbroiled Chicken Club
Charbroiled Chicken Sandwich	
Lil' Farmhand Meals									
Lil' Farmhand Jr. Cheeseburger ⁴
Lil' Farmhand Crispy Chicken Tenders ⁴
Lil' Farmhand Grilled Cheese ⁴
Lil' Farmhand Turkey Sandwich ⁴
Condiments and Dressings									
Ranch	.	.		.					
Thousand Island		.		.					
Italian		.							
Blue Cheese
Chili Ranch	.	.		.					
Tartar Sauce		.		.					
Honey Dijon Dressing		.		.					
BBQ									
Mustard									
Mayo		.		.					
Fiery Farmer's Sauce

continued >

Menu Item	Milk	Soy	Wheat	Egg	Peanut	Tree Nuts	Fish	Shellfish	Gluten
Cheeses									
American Cheese	.	.							
Cheddar	.								
American Swiss Cheese
Meat, Poultry, Seafood & Eggs									
Grilled Chicken									
Bacon Strips									
Diced Bacon									
Eggs		.		.					
Turkey									
Ham Steak									
Ham									
Tuna Salad Mix		.		.			.		
Sausage									
1/4 lb. 100% USDA Beef Patties									
1/3 lb. Natural Hormone and Antibiotic-Free Beef Patties									
Chili	.		.						.
Fish
Chicken Strips
Sausage Gravy
Pastrami		.							

¹Information for side and toast options listed separately.

²Allergen information includes entrée and eggs. Side options listed separately.

³Allergen information for bacon, ham, and sausage options listed separately.

⁴Allergen information for side options listed separately.

Regarding Allergens: (X) Contains one or more of the eight major food allergens (egg, fish, milk, shellfish, peanuts, soy, tree nuts, wheat) as indicated.

Please note that even menu items not identified as containing a particular allergen may have come into contact with other menu items that do contain that allergen. Allergen information compiled for Farmer Boys by Healthy Dining.

Regarding Gluten: (X) Formulated with gluten-containing ingredients. Even menu items formulated with no-gluten containing ingredients may come into contact with other menu items that do contain gluten. Gluten information compiled for Farmer Boys by Healthy Dining.